



Barbers Hill Youth Soccer Club Fall 2020 Season

Due to the pandemic and limited league options for our younger players, we will be taking a new approach to youth soccer development. We will be working with the coaches to develop a group training plan to help develop our players and prepare them to play at Barbers Hill High School. We will be moving to a youth style soccer academy for our boys & girls, ages 6U-14U, with a larger focus on development of each player. We will try to have (Fall and Spring with opportunities for Winter training) program for kids falling in the:

- 6U-8U age group for the foundation of soccer as the main curriculum of soccer
- U9-U11 age group for the development & understanding of the game
- U12-U14 age group for the development & skills to advance who've already been introduced to soccer and love it and want to learn more and play more.

The Youth Academy program will provide an environment designed to foster more advanced growth in the game of soccer. This will be driven by a fully developed curriculum with dedicated trained volunteer coaches leading an environment that's both structured and fun. A more advanced development model is possible for those who love the game of Soccer and want to expand their skills and knowledge of the game.

We will be looking to better develop our volunteer coaches by working with the volunteer soccer staff to ensure that we are aligned in our training plan to our players. Parents who volunteer will be asked to attend a training session with the BHYSO board and also complete one online Grassroot's training at the [US Soccer Learning Center Online](#). Parents who volunteer to coach and complete the training will be refunded season registration fees.

The Youth Academy program will focus on the **Four Pillars of The Game:**

- **Technical:** Dribbling, passing, receiving (first touch), shooting, ball control
- **Tactical:** Finding and exploiting advantages, minimizing disadvantages, Speed of Play, Transitioning from Offense to Defense and vice versa
- **Physical:** Development of strength, fitness, and endurance through structured play.
- **Psychological:** Attitude, sportsmanship, and leadership. Giving max effort in training sessions and games, willing to accept constructive feedback in order to improve, and recognizing that the fun is in the play, not the victories.

If your child aspires to someday play on the High School team or higher, the Youth Academy program is the perfect training ground!